compassionate care

NHS
Calderdale and Huddersfield
NHS Foundation Trust

Travel & Transport Group

Care Closer to Home

Karen Barnett, Director of Operations (Community)

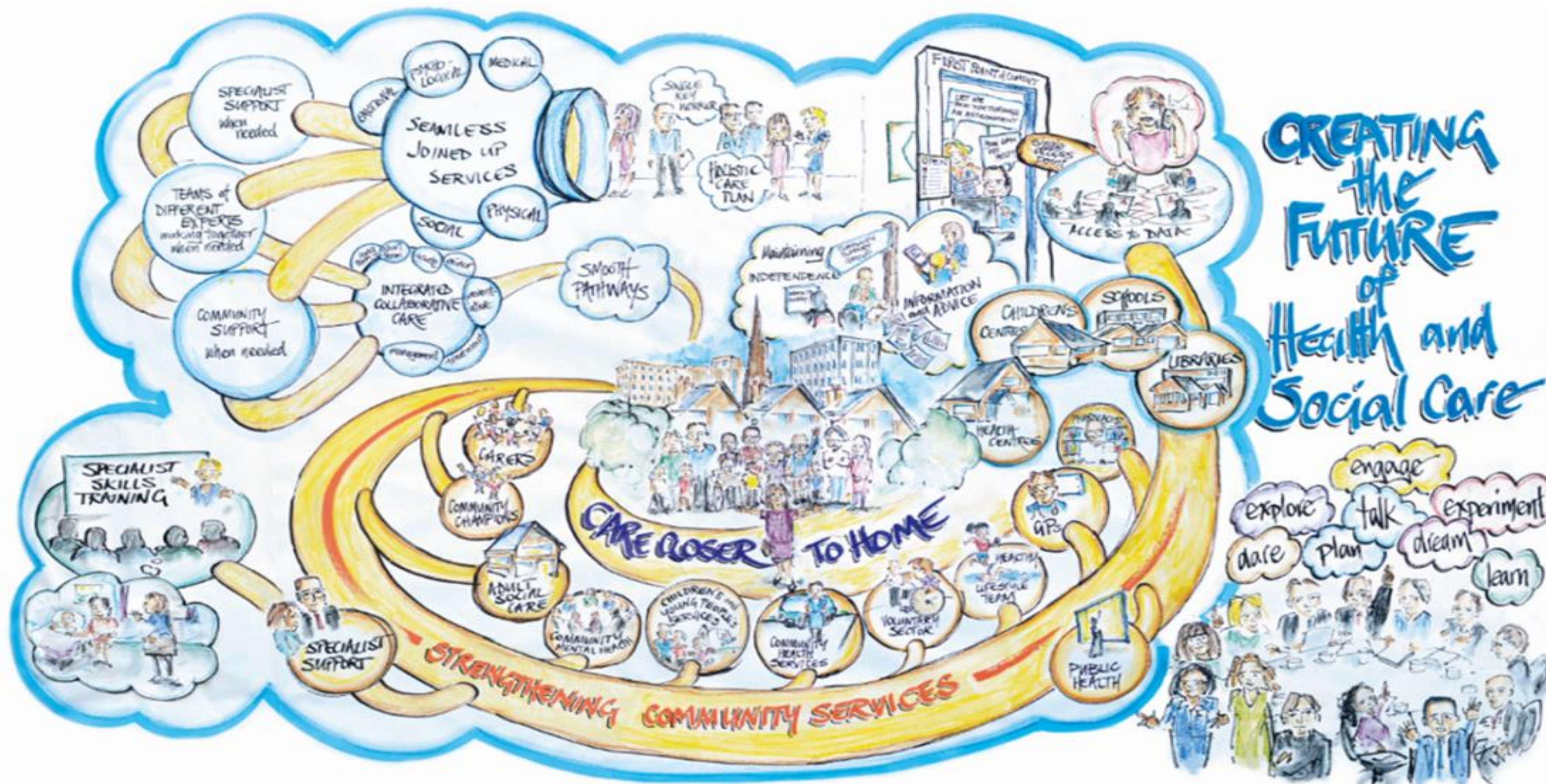
01/11/2017

Calderdale Community Services

- What community services are currently provided
- What shift will there be in the future for services including scale
- What is the time frame in the context of reconfiguration and 5 year forward plan

compassionate care

NHS
Calderdale and Huddersfield
NHS Foundation Trust



For full animation: http://www.calderdaleccg.nhs.uk/your-health/care-closer-to-home/

compassionate care

Calderdale and Huddersfield NHS Foundation Trust

Community Services Provided by CHFT

Community Nursing	Specialist Nursing	Intermediate Care	Community Therapies	Out Patient Therapies	Community Equipment Store
District Nursing teams & OPAT	Respiratory and Pulmonary rehab	Intermediate care bed base	Community Therapy	MSK single point of access	**Community Diabetes Service**
Out of Hours Nursing	Heart failure and Cardiac rehab	Virtual ward	Speech and Language Therapy	MSK	**Community Midwifery**
Community Matrons	Lymphoedema	Community Place	Nutrition & Dietetics	OP Physio	**Community Paediatric Services**
Quest Matrons	TB	CIT	Orthotics and Patient Appliances	Children's Therapy	**Out Patient Clinics Todmorden**
End of Life/Palliative care	Parkinsons		Podiatry		**Safeguarding Team – children, Domestic Violence Hub**
	Continence		Diabetic Foot screening		**Looked After Children's Team**
	Multiple Sclerosis				

compassionate care

NHS
Calderdale and Huddersfield
NHS Foundation Trust

Integrated approach

CALDERDALE ADMISSIONS AVOIDANCE TEAM This will be a combination of the following integrated health and social care teams :	**CALDERDALE DISCHARGE SUPPORT TEAM** This will be a combination of the following integrated health and social care teams :
• Crisis Intervention Team • Virtual Ward (Frailty) • Hospital Avoidance Team • Intermediate Care beds • Reablement • Falls Response Team • Community Place	• Crisis Intervention Team • Virtual ward • Intermediate Care Beds • Reablement • Community Place • Community Therapy • Falls prevention team

Skillset available across the two teams

- Physiotherapists
- Occupational Therapists
- Qualified nurses
- Mental health practitioners
- Social work

. Assistant practitioners
. Reablement support workers
. Patient flow coordinator
. Pharmacist

Members of the wider team will be allocated roles in either sub-team dependent on demand

Frailty Pathway

Equipment provision

Early support

Mobility

Falls prevention

Care Package
at Home

Medical intervention

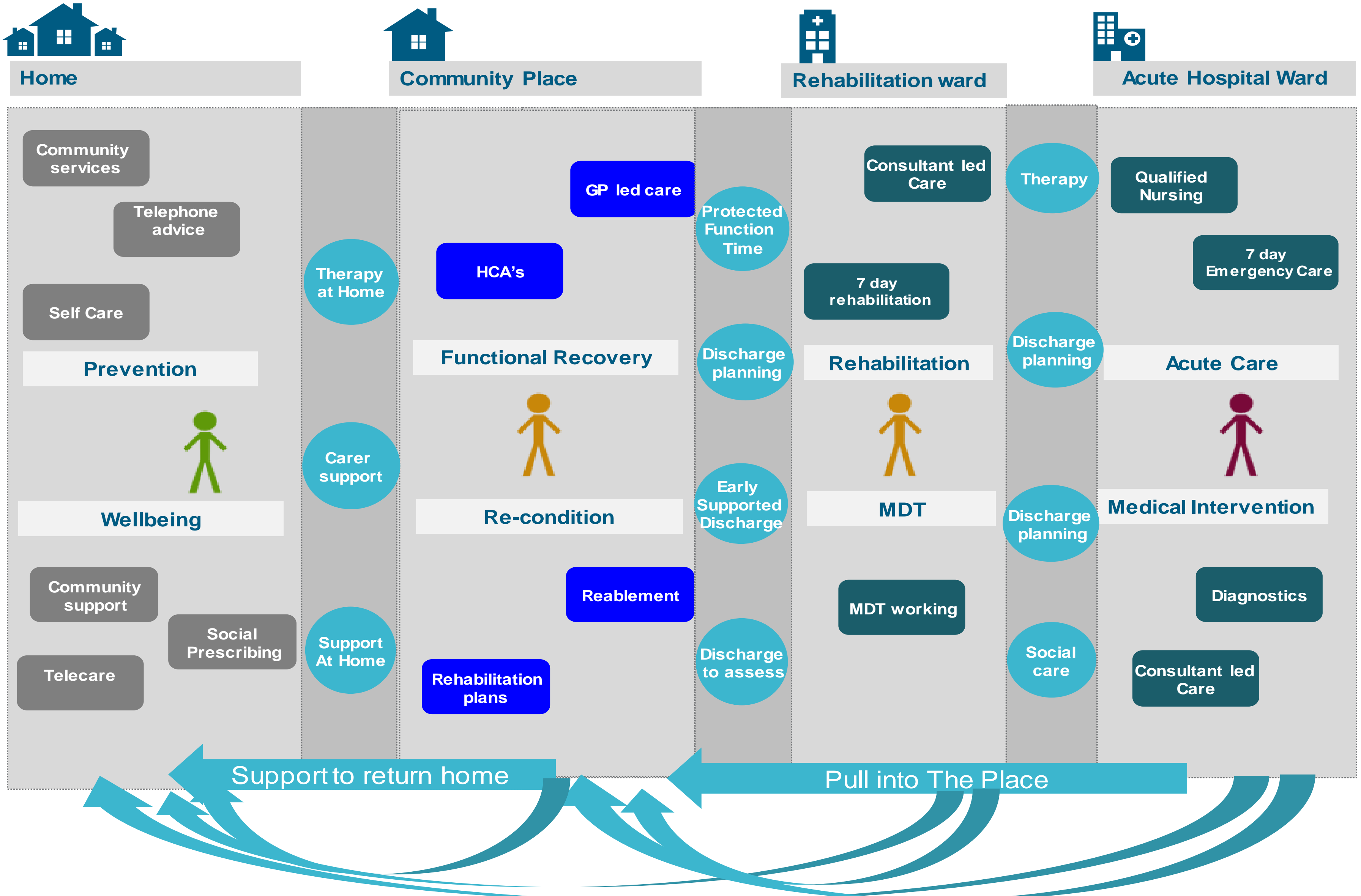
Intermediate
Care

In first 3 weeks – 61 people seen, 25 people returned home within 72 hours,
9 hospital admissions avoided

compassionate care

Community Place

NHS
Calderdale and Huddersfield
NHS Foundation Trust



compassionate care

Out of Hospital Rehabilitation

NHS
Calderdale and Huddersfield
NHS Foundation Trust

IMC + (phase 2)	IMC Beds	Recovery at Home	Community Place
24 hour nursing support	BBV - 24 hour nursing care provided by Four Seasons	Person at home and offered regular visits to maximise independence and recovery	24 hour care from Clinical Support Workers
Specialist therapy input (working across IMC beds and recovery at home)	FL- 24 hour social care provided by Social Services	Care plan developed by Therapist or assistant practitioner	Allocated Social Worker
Daily Physio and Occupational therapy	Daily Physio and Occupational therapy	Up to 4x daily visit from reablement worker to assist with functional activities and deliver therapeutic interventions within care plan	Therapy input while waiting for discharge destination
Allocated social worker	Allocated social worker	Weekly review by therapist or assistant practitioner	Social activities promoting independence
Mental Health Practitioner available	Mental Health Practitioner available	Link to mental health practitioner within team	
Up to 6 weeks rehabilitation	Up to 6 weeks rehabilitation	Individual care plans	
Individual care plans	Individual care plans	Care delivery in own home	
		Night calls available – call out service	
		Community nursing input to support nursing needs	

compassionate care

Calderdale and Huddersfield
NHS Foundation Trust

Quest for Quality in Care Homes

Support to care home staff in managing complex conditions

End of Life care

Identifying and managing people in deteriorating health

Pharmacy review of medications

Telehealth support to care homes

Guidance for care homes on managing falls risks in residents.

Supporting care homes who have been identified as requiring improvement by CQC

compassionate care

NHS
Calderdale and Huddersfield
NHS Foundation Trust

Working in partnership to reduce falls

What did we do- Collaboration with the Fire and Rescue Service

Worked with the Fire Service, initially in Calderdale, but then across the whole of West Yorkshire, to develop their Safe and Well check so that it included questions about falls and falls risks.
Developed and delivered training to the fire crews about falls and falls risks.
Pilot of new Safe and Well check completed in Todmorden in January-March 2017.

Why?

The NHS England Five Year Forward View makes it clear that sustainability of the NHS and associated social care services will only be achieved if there is a radical upgrade in prevention and public health. As experts in prevention and community engagement, fire and rescue services have a recent history of acting as a prevention agent on behalf of all health and care partners whilst continuing to reduce demand relating to fire.

Results

61 new Safe and Well checks completed during the pilot, resulting in 12 referrals to the Falls Pathway for a more detailed Multi-factorial falls risk assessment, and strength and balance intervention when appropriate.
Less admissions to CHFT hospitals due to falls between Jan-March 2017 than Jan-March 2016.
Overall admissions due to falls remains static, despite an aging population, and reduced excess bed-days in fallers.
Ongoing training of Fire Crews, and Safe and Well check being rolled out across Calderdale.

compassionate care

Finding Your Feet - Strength & Balance Exercise Class

NHS Calderdale and Huddersfield NHS Foundation Trust

What is Finding Your Feet?

- **It's a specialist exercise class programme which concentrates on improving overall strength and balance**
- **It improves confidence and the ability to carryout everyday activities for longer**

Who can attend?

- **Anyone over the age of 50. They must be registered with a Calderdale GP and live in the local area**
- **Have a history or fear of falling, and/or problems with their balance**
- **Be generally fit and mobile and able to exercise independently**

How is improvement measured?

By 3 functional protocols, which are:

- ✓ **Timed Up & Go (TU&G)**
- ✓ **4 Stage Balance Scale**
- ✓ **Functional reach**

Finding Your Feet

Strength & Balance

Exercise Class

NHS

What the Patients Had To Says !

“The 13 week course has improved my mobility enormously and given me back my confidence”

“I have used a walking stick for the last 2 years This course has reduced my need to only use a stick when walking over rough ground”

“The team are very helpful, friendly and caring and helped improve my confidence”

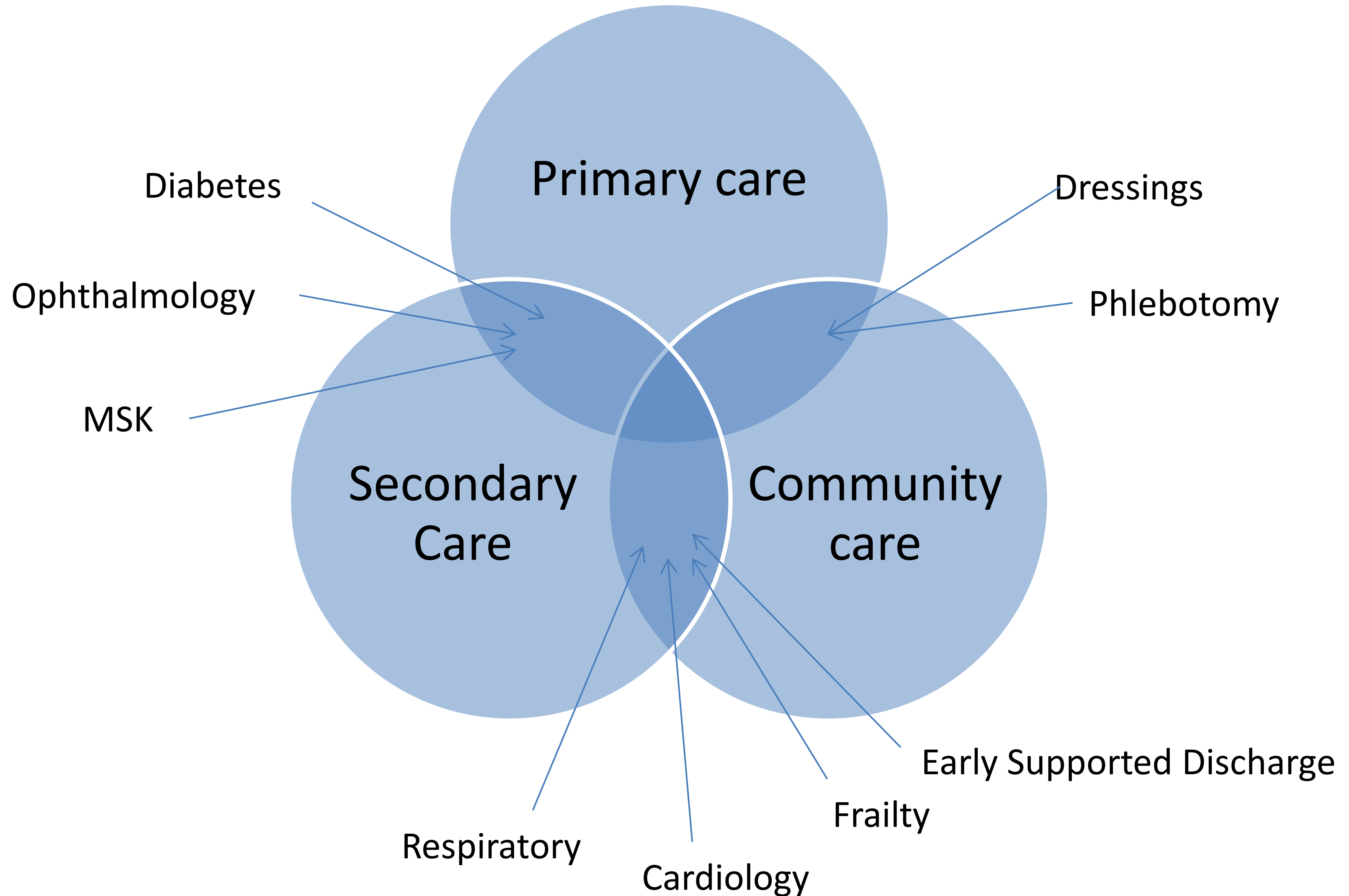
“I am now able to do things that I haven’t been able too for a long time”

90% of patients said “they wished the course could be extended”

compassionate care

Calderdale and Huddersfield NHS Foundation Trust

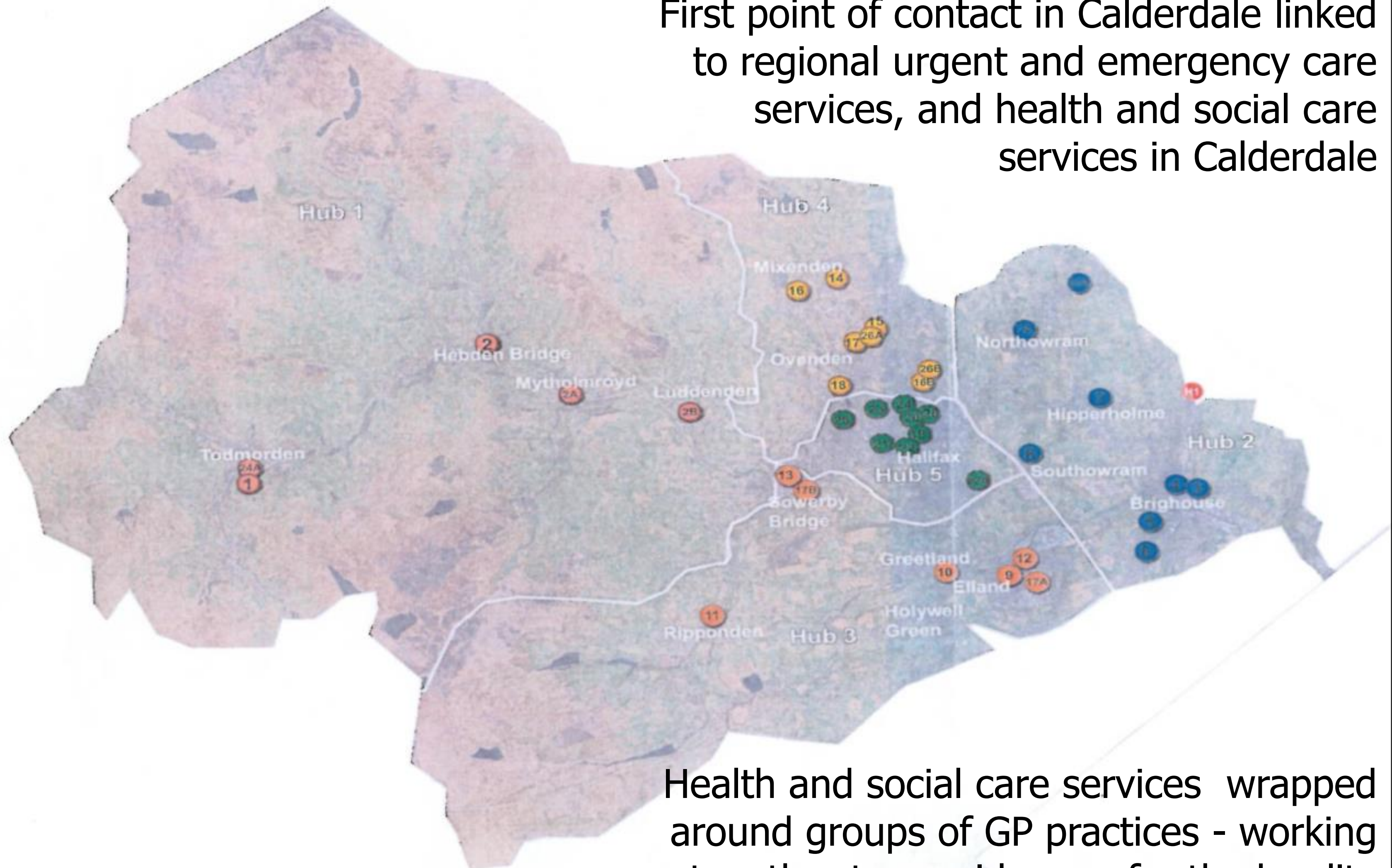
Integrated pathways



compassionate care

NHS
Calderdale and Huddersfield
NHS Foundation Trust

Our future focus



First point of contact in Calderdale linked to regional urgent and emergency care services, and health and social care services in Calderdale

Health and social care services wrapped around groups of GP practices - working together to provide care for the locality