

Management of Dupuytren's Contracture

Funding will be considered where the patient meets the following criteria.

Where the diagnosis is unclear the MSK service will liaise with secondary care to develop a management plan.

Clinicians need to ensure that the patients fulfil all criteria before they are referred to secondary care. These criteria will be vigorously observed unless a patient can demonstrate genuine exceptionality, in which case an individual funding request must be followed.

<https://www.greaterhuddersfieldccg.nhs.uk/key-publications/individual-funding-requests-ifr/>

<https://www.calderdaleccg.nhs.uk/key-documents/>

Mild Symptoms

- Patient presents with palmar nodules +/- skin pitting
- Nodules non-tender or mildly tender on gripping with object in hand, but no 'rest' pain.
- No or 'mild' finger joint contracture(s) i.e. < 30 degrees MCP joint and NO PIP or DIP joint contractures
- Negative Hueston's table top test (patient able to actively place palm of hand flat on to a flat surface)

Treatment for mild symptoms is not normally funded. In all cases where symptoms are mild an IFR needs to be made.

Moderate and Severe Symptoms

- Patient presents with Dupuytren's cords and contractures affecting fingers
- Contractures > 30 degrees MCP joint(s) or ANY degree of PIP or DIP joint contracture(s)
- Any patient with contractures causing significant impairment to ADLs, function or job
- Any patient with a severely contracted finger(s) when the patient is experiencing skin infections
- In particular any patient who is younger than 50 years, or who has 'radial-sided' disease causing thumb or index finger contracture, or causing thumb webspace contracture

References

1. NICE IPG 573, Radiation therapy for early Dupuytren's disease; December 2016 Available online at: <https://www.nice.org.uk/guidance/ipg573>

2. Rodrigues JN, Becker GW, Ball C, et al; Surgery for Dupuytren's contracture of the fingers. Cochrane Database Syst Rev. 2015 Dec 9 (12):CD010143. doi: 10.1002/14651858.CD010143.pub2.
3. NICE IPG43, Needle fasciotomy for Dupuytren's contracture; February 2004, Available online at: <https://www.nice.org.uk/guidance/IPG43/chapter/1-guidance>